

programs and served on the faculties of the University of North Carolina, the National Institute of Mental Health Staff College, and the Union Institute. She was a partner in a NC consulting firm for seven years. Currently she is a faculty specialist with the Whole Systems Graduate Program at Seattle University. Jean is a charter member of Avanta, The Virginia Satir Network, a recipient of its "Living Treasure Award" and its current President. She has given keynote presentations at national and international conferences both in the field of organizational change and psychotherapy. The North Carolina Association of Marriage and Family Therapy awarded her the Champion of the Family Award in 2003. She is featured in the Allyn and Bacon instructional video tape series: "Family Therapy with the Experts." Her gift for understanding universal human needs and vulnerabilities has enabled her to be an effective agent for planned change in systems of all kinds and sizes.

Anne G. Gonsoulin, LPC, LMFT, NCC

Anne has a private practice in the New Orleans area providing marital, relationship, and sexual therapy to individuals and couples. She is a certified sexual therapist as well as a Licensed Marriage and Family Therapist. She has trained and collaborated with Dr. David Schnarch, author of the books *Passionate Marriage* and *Constructing the Sexual Crucible*. She has given numerous presentations on sexuality, spirituality and intimacy to educators, therapists, physicians, and students. She has

also been married to a surgeon for forty years and has five grown children.

Ross Ungerleider, MD

Ross is chief of cardiac surgery at Oregon Health & Science University and is the John C. Hursh chair of pediatric cardiac surgery at Doernbecher Children's Hospital in Portland, Oregon. He is the author of over 300 abstracts, peer-reviewed scientific papers and book chapters. In addition, he is an editor of a major textbook on cardiac surgery for infants. He is a member of the American Association for Thoracic Surgery (AATS), Congenital Heart Surgeons' Society (CHSS), Southern Surgical Association (SSA) and the American Surgical Association (ASA). He is the current president the Southern Thoracic Surgical Association (STSA). He has appeared on national television numerous times (including the Learning Channel, CNN medical news, the 700 club), and has been sought after as a motivational speaker for commencement addresses and other large groups. His training in relationship skills has been extensive over the past ten years and his work on leadership, teams, professionalism, stress management and conflict resolution has led to numerous national talks and contributions. He is currently adding to this training by pursuing an MBA through the Physician Executive MBA program at the University of Tennessee in Knoxville. He and Jamie provided a keynote address on the medical marriage to the Society of Humanism in Medicine (SHIM) in 2005. At the STS in 2004 they directed a post-graduate course for spouses on the same topic, and in 2006 on issues related to creating a more balanced and intentional life.

Managing the **DEMANDS** of Modern Life

A workshop about relationships
for thoracic surgeons and their
partners in the 21st century



Starr Pass Marriott, Tucson, AZ

November 7-8, 2006

(Tuesday evening and Wednesday)

Supported by Oregon Health &
Science University (OHSU)

Immediately prior to Southern Thoracic
Surgery Association (STSA) Annual Meeting

Why participate in a course on relationships at a Thoracic Surgery meeting?

Our ability to relate to ourselves and to others is a foundation skill upon which we layer the other aspects of our life, both at work and at home. Relating can be difficult, especially in times of stress and under the pressures frequently found in the lives of thoracic surgeons and their families. Managing our relationships with others, both personally and professionally, is built upon our core relationship with ourselves. This workshop will teach you the basics of self-awareness and self-management. These skills are essential for leadership (which is about relationships) and ironically are derived in large part from work that addresses the unique interpersonal demands found in a marriage or any other close relationship. This course will provide an opportunity to learn and practice relationship management skills with someone with whom you have chosen to have a relationship and with whom you feel safe while learning and trying new things. The course will be designed as an uplifting and valuable learning experience.

What are the course objectives?

- Improve your ability to be aware of and manage the dynamic interaction between your own needs, the needs of others and the situations that demand your attention. We call the improved ability to do this “congruence”, and it is a skill of the emotionally intelligent.

- Create more balance and intentionality in your life.
- Identify your own and your partner’s coping styles when things are going well **and** when stressed. Learn how you can best support others with whom you are in a relationship.
- Learn how to mend ruptures in a relationship by developing forgiveness and self-compassion.
- Develop the tools for creating a more passionate relationship.

What is the time commitment?

Day 1 Tuesday, 11/7 6:30 pm – 9:30 pm

Day 2 Wednesday, 11/8 8:30 am – 5:00 pm

You may also register for the STSA meeting that begins on Thursday, 11/9, or you may come for the couple’s course only.

How do I register and what does it include?

Please contact Nancy Puckett, Executive Director of the STSA at: npuckett@stsa.org. Registration includes:

- a course syllabus
- reading material
- refreshments and meals

Register by July 1, 2006 and registration is \$625.00 per couple and \$325.00 per individual. After July 1, registration is \$675.00 per couple and \$350.00 per individual. Participants will be responsible for their own travel and accommodations. The Starr Pass Marriott will be holding a “block” of rooms for the STSA and will have rooms for this workshop on a “first come” basis. Early registration helps us reserve adequate block space.

FACULTY

Jamie Dickey, LCSW, PhD

Jamie is married to a thoracic surgeon and has “first-hand” experience with the context of this workshop. She is from Laurel, Mississippi. She received her PhD in Educational Psychology from the University of Mississippi in 2001, an MSW in Clinical Social Work from Tulane University in 1991 and an MA in 1977 in Community Counseling from the University of Mississippi. She has spent over twenty-five years as an educator, psychotherapist, organizational consultant and executive coach. Her work in this area has helped her guide important changes for clients that have translated into more effective business practices, more fulfilling interpersonal relationships amongst teams and more satisfying personal life experiences. She has gradually gravitated in her career to working with larger systems and the challenges they present for the individuals who comprise those systems. She spent two years at Oregon Health & Science University (OHSU) as director of Leadership Development and Educational Evaluation for Graduate Medical Education and is currently working for OHSU as a coach, counselor and facilitator for interdisciplinary teams and systems. She also has a private practice in Portland, Oregon as a relationship coach.

Jean McLendon, LCSW, LMFT

Jean’s multi-service practice of consultation, training, coaching and therapy is based in Chapel Hill, NC. With over thirty years in her career, she has managed four human service